Jess Meredith

PROMOTING & CELEBRATING NEURODIVERSITY EVERYWHERE



WHY EMBRACE NEURODIVERSITY?

Jess' talks educate and empower individuals, organisations and other settings to embrace neurodiversity so neurodivergent people can thrive, resulting in:

- ~ A **positive impact** on neurodivergent people's wellbeing & performance
- ~ **Increased productivity** for an organisation
- ~ **Confidence** for all individuals to talk about Neurodiversity



ENGAGING

Jess specialises in interactive talks and uses multiple formats such as story-telling, video and quizzes to optimise engagement.



DIGESTIBLE

Jess' talks use thought-provoking short stories and concepts to ensure the content is digestible for the audience.



IMPACTFUL

Jess resonates clearly with the audience, and she specialises in challenging their thinking for maximum impact.

JESS' BIO

Jess is a proud ADHDer and parent of neurodiverse children. She uses her lived experience and the power of storytelling to engage audiences and deliver unforgettable talks. Jess is a staunch advocate for reframing the narrative around neurodiversity.

She has delivered talks and spoken on panels in Education Settings and Organisations such as **Accenture**, **The Adecco Group**, **Capgemini**, **Coulter Partners** and many more.



Popular Talks

Jess has a library of talks that can be tailored to meet the needs of clients. The library is constantly evolving and she welcomes bespoke requests.



MOST POPULAR TALKS



30 MINUTES

- Exploring & embracing our different perspectives through the power of optical illusions
- Breaking down barriers or unfair advantage? Delving into the difference between needs and wants.
- Dispelling myths and stereotypes of ADHD through my personal journey
- Creating expert teams, not expert individuals
- Thriving with ADHD as an expert generalist
- Unlocking and understanding sensory processing



1 HOUR

- Exploring fairness through a neurodiversity lens
- Embracing neurodiversity: an intro for all
- Neuroinclusive leadership and people management
- Attracting neurodivergent talent
- Neurodiversity myths, stereotypes and language
- Parenting: How to ensure your neurodivergent children thrive
- Neurodiversity as a competitive advantage

FORMATS AVAILABLE

- ~ Key note speeches
- ~ 30-60 minute talks including Q&A
- ~ Panel discussions
- ~ Workshops



Client Feedback & Testimonals



Thankyou both so much for the brilliant webinar you delivered for our clients yesterday. Engaging, interactive, thought provoking, simply excellent is just some of the feedback so far. Both your passion and honesty created an eye opening session where we all learnt something new about neurodiversity and all came away with actions for change in our organisations.



LHH

LOUISE SORRELL, BUSINESS DIRECTOR - HR

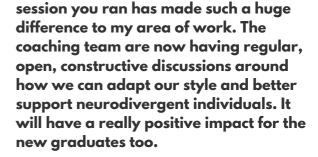


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An enormous thank you on behalf of the team for today's session. It was so positively received and I have had many messages already commenting on how interesting and eye-opening it was.



NEHA RAJDEV, DIRECTOR



I wanted to let you know that the

We implemented the document you recommended and as a result 4 new graduates have shared they are neurodivergent and we're having really positive conversations about it. Thanks again! Looking forward to working together more.







EMILY SHAW, SENIOR CONSULTANT